

BOWEN UNIVERSITY, IWO
COLLEGE OF HEALTH SCIENCES
NUTRITION AND DIETETICS PROGRAM
2021/2022 FIRST SEMESTER EXAMINATION

COURSE CODE: NTD 417 **COURSE TITLE: DIET THERAPY PRACTICAL**
CREDIT UNIT: 2 **INSTRUCTION: ANSWER FOUR QUESTIONS ONLY**
TIME: 1 HOUR 15 MINUTES

1. A 56-year old man with a height of 1.6m and 110kg is referred to your dietetic clinic
 - a. Indicate the condition
 - b. describe in detail the dietary management
 - c. Highlight the effect of the diet in ameliorating the disease condition (15 marks)

2. A 20-year old girl complains of epigastric pain in the stomach
 - a. Indicate the condition
 - b. describe in detail the dietary management
 - c. Highlight the effect of the diet in ameliorating the disease condition (15 marks)

3. A male aged 21 years with abdominal pain and cramps, feeling bloated. He complains of strain while moving the bowel. He is referred to your dietetic clinic
 - a. Indicate the condition
 - b. describe in detail the dietary management
 - c. Highlight the effect of the diet in ameliorating the disease condition (15 marks)

4. A 54-year old gentleman, admitted 2 days ago with blood pressure 180/110 and a body weight of 110kg is referred to your dietetic clinic.
 - a. Indicate the condition
 - b. describe in detail the dietary management
 - c. Highlight the effect of the diet in ameliorating the disease condition (15 marks)

5. A 54-year old woman to with a reduced urinary output to 10-25ml/hr. Lab results indicated elevated sodium level, BUN 70mg/dl and serum creatinine 5mg/dl. She is referred to your dietetic clinic.
 - a. Indicate the condition
 - b. describe in detail the dietary management
 - c. Highlight the effect of the diet in ameliorating the disease condition (15 marks)