

**BOWEN UNIVERSITY, IWO  
COLLEGE OF HEALTH SCIENCES  
NUTRITION AND DIETETICS PROGRAM  
2020/2021 SECOND SEMESTER EXAMINATION**

**COURSE CODE: NTD 414  
CREDIT UNIT: 3**

**COURSE TITLE: INSTITUTIONAL FOOD  
PREPARATION**

**TIME: 2.5 HRS**

**INSTRUCTION: ANSWER FIVE (5) QUESTIONS ONLY**

1. Give an overview on the factors to be considered in planning of meals for prisoner (14 marks)
2. Write briefly on meal preparation in the hospitals (14 marks)
3. Discuss meal preparation in schools (14 marks)
4. What are the principles of a healthy food preparation (14 marks)
5. a. What is food demonstration? State six benefits of food demonstration (8marks)  
b. Discuss the various types of food demonstration. (6marks)
6. a. In your voluntary work to a community, you have decided to carry out food demonstration for a disappearing dish, what steps will you take to ensure successful outing. (5marks)  
b. Discuss the two major sanitation problem when handling and preparing food and highlight the importance of food demonstration. (9 marks)