

**BOWEN UNIVERSITY, IWO
COLLEGE OF HEALTH SCIENCES
NUTRITION AND DIETETICS PROGRAMME
2020/2021 FIRST SEMESTER EXAMINATION**

**COURSE CODE: NTD 319
CREDIT UNIT: 3
TIME: 2HRS 30 MIN**

**COURSE TITLE: FOOD CONSUMPTION
SURVEY
INSTRUCTION: ANSWER FIVE QUESTIONS IN ALL
(At least two from each section)**

QUESTION ONE IS COMPULSORY

Section A

1. Describe in details, the market survey you carried out. Stating the names of the market you visited and your observations about the markets. (14marks)

2. a. Write short notes on 3 prospective methods of dietary assessment stating their merits and demerits. (12marks)
b. What is Dietary Diversity Score? (2marks)

3. a. Explain how food consumption data are collected at the national level (8marks)
b. Give 3 merits and 3 demerits of this kind of data collection method. (6marks)

4. a. Highlight the stages involved in carrying out a food consumption survey. (8marks)
b. Write short notes on two (2) qualitative methods of dietary assessment. (6marks)

Section B

5. a. Describe the food composition table and highlight three limitations of the food composition table. (5marks)
b. Describe six users of food composition table. (6marks)
c. Differentiate between food composition table and food composition data base. (3marks)

6. a. Explain four methods of compiling FCT/FCDB data. (8marks)
b. List 4 criteria to consider when compiling a comprehensive FCDB. (2marks)
c. Enumerate four uses of food composition table. (4marks)

7. a. Define food biodiversity and explain two types of bio-diverse foods. (8marks)
b. State six reasons for updating the FCT. (6marks)