

BOWEN UNIVERSITY, IWO
COLLEGE OF HEALTH SCIENCES
NUTRITION AND DIETETICS PROGRAM
2020/2021 FIRST SEMESTER EXAMINATION

COURSE CODE: NTD 313

CREDIT UNIT: 3

TIME: 2HRS 30 MIN

COURSE TITLE: DIET THERAPY I

INSTRUCTION: Answer any 5 questions

All questions carry equal marks.

1. (a) Discuss in detail the nutritional modification in tuberculosis 12 marks
(b) List 2 characteristics each of spastic and atonic constipation 2 marks
2. (a) write short notes on the different stages of dumping syndrome 6 marks
(b) Discuss in detail the diet related lifestyle modification to reduce blood pressure 8 marks
3. (a) Some metabolic changes occur in fever. List these changes. 6 marks
(b) Write in detail the dietary management of diverticular disease 8 marks
4. (a) What are the characteristics of soft diet and what foods should not be included in the diet? 7 marks
(b) What are indications for soft diet and give an example of a soft diet meal? 7 marks
5. (a) What do you understand by the term therapeutic diet? 4 marks
(b) Discuss the principles and significance of therapeutic diet. 10 marks
6. Illustrate with specific examples the clear liquid diet and full liquid diet. 14marks
7. (a) What are the characteristics of soft diet and what foods should not be included in the diet? 7marks
(b) What are indications for soft diet and give an example of a soft diet meal? 7marks