

**BOWEN UNIVERSITY, IWO**  
**COLLEGE OF HEALTH SCIENCES**  
**NUTRITION AND DIETETICS PROGRAM**  
**2019/2020 SECOND SEMESTER ONLINE EXAMINATION**

**COURSE CODE: NTD 420**  
**CREDIT UNIT: 2**  
**TIME: 1HRS 30 MIN**

**COURSE TITLE: NUTRITION PLANNING AND  
POLICY**  
**INSTRUCTION: ATTEMPT ALL QUESTIONS**

1. Sayo was faced with the decision at the committee meeting on the choice of food product/vehicle that can be adopted for a micronutrient fortification. List 5 the major factors she needs to put into consideration before choosing ideal fortified food product/vehicle. (5 marks)
2. Write briefly on universal fortification and targeted fortification (5 marks)
3. Food policy is design to influence the operation of food and nutrition. In this context, what step will you take to develop a food and nutrition policy? (5 marks)
4. Describe the role of a nutrition rehabilitation center in the community (5 marks)
5. As a nutrition officer you have discovered the need for a Food and Nutrition Policy, on what basis will you convince your boss for necessary action? (5 marks)
6. In your review of National Food and Nutrition Policy; pinpoint the major goals and objectives of this policy. (5 marks)
7. The determinants of malnutrition are multifaceted, thus require a Multisectoral approach for action. Mention the sectors that are crucial to nutrition planning. (5 marks)
8. The challenges of regulatory councils for controlling exposure to food contamination is enormous. In this regard state the problems confronted by food regulators. (5 marks)
9. Briefly discuss economic component that can improve nutritional status? (5marks)
10. In emergency situation mention groups of people that can be classified as vulnerable (5marks)
11. Give details of your understanding of nutrition labeling? (5 marks)
12. Outline the minimum standard requirement of nutrition in emergency (5 marks)
13. You have been asked to deliberate on the global goal of reducing poverty, outline areas of focus for discussion (5 marks)
14. When there are limited financial resources and poverty those who are food insecure – with or without existing disease — may also use coping strategies to stretch budgets that are harmful. Indicate some of these health and nutrition compromising strategies of poor people. (5 marks)