

**BOWEN UNIVERSITY
COLLEGE OF HEALTH SCIENCES
BACHELOR OF PHYSIOTHERAPY PROGRAMME
FIRST SEMESTER EXAMINATION - 2022/2023 SESSION
COURSE CODE/TITLE: PST 424: Community Physiotherapy And Ergonomics**

DATE: Monday- 15th May, 2023

TOTAL TIME: 2 HOURS

MATRICULATION NUMBER:

PART I

Instructions: Answer all questions SECTION A i) Question 1-2 choose the appropriate option ii) Short answers questions 3-20 SECTION B iii)Essay Question 1-3, answer it inside answer booklet

SECTION A

1. A primary health care approach includes three aspects except:
 - a. meeting people's health needs throughout their lives;
 - b. addressing the broader determinants of health through multisectoral policy and action
 - c. empowering individuals, families and communities to take charge of their own health.
 - d. None of the above
2. Domiciliary physiotherapy service includes the following except?
 - a. Physiotherapy provided at patient's home
 - b. Aimed at frail older persons
 - c. Support caregivers
 - d. Main sources of support to frail older person
3. The primary health care approach embraces five types of care:
 - i
 - ii
 - iii
 - iv
 - v.....
4. The elements of primary health care includes
.....
.....
.....
.....
.....

5. What are the risk factors of heat stroke
 - i.....
 - ii.....
 - iii.....
 - iv.....
 - v.....

6. The two form of heat stroke
 - i.....
 - ii.....

7. The signs and symptoms of heat stroke
 - i.....
 - ii.....
 - iii.....
 - iv.....
 - v.....

8. The 3 methods of prevention of heat stroke
 - i.....
 - ii.....
 - iii.....

9. Mention 4 Features of abuse in the industry
 - i.....
 -
 - ii.....
 -
 - iii.....
 -
 - iv.....
 -

10. Mention 4 ways of promoting a healthy working environment in other to prevent industrial abuse.
 - i.....
 - ii.....
 - iii.....
 - iv.....
 -

11. Mention 4 assessing (signs) chemical abuse in the workplace
 - i.....
 - ii.....
 - iii.....
 - iv.....
 -

12. Mention the 4 approaches to health education

- i.....
- ii.....
- iii.....
- iv.....

13. Mention the criteria for a good community clinic

- i.....
- ii.....
- iii.....
- iv.....
- v.....
-
-

14. The elements of community clinics are

- i.....
- ii.....
- iii.....
- iv.....
- v.....

15. The methods of health communication using the 3 approaches are

- i.....
- ii.....
- iii.....

16. Differentiate between habitation and rehabilitation

-
-
-
-
-
-

17. Mention 4 roles of health care provider

- i.....
- ii.....
- iii.....
- iv.....
-

18. In Domiciliary Physiotherapy service the frequency of physiotherapy sessions varies according to:

- i.....
- ii.....

19. Define the following dimension of disability

i. Impairment

-
-

ii. Activity limitation

.....
.....

iii. Participation restriction

.....
.....

iv. Handicap

.....
.....

20. What are the aims of health education

i.
.....
ii.
.....
iii.
.....
iv.
.....

SECTION B

ESSAY

1. What are the PROS and CONS of Domiciliary physiotherapy services (4 marks)
 - a) Mention the roles of a domiciliary physiotherapist (2 marks)
 - b) What is the role of a community physiotherapist (2 marks)
2. Write short note on the philosophies of Primary health care (3 ½ marks)
3. Discuss briefly the 3 models of health education (3 ½ marks)

For Question 1-2 each correct answers carries ½ marks

For Question 3-18 each correct short answers carries 1 mark

For Question 19-20 each correct short answers carries 1 ½ marks