



**BOWEN UNIVERSITY, IWO**  
**COLLEGE OF HEALTH SCIENCES**  
**PUBLIC HEALTH PROGRAMME**

**B.Sc. 300 LEVEL FIRST SEMESTER EXAMINATION 2023/2024 SESSION.**

**PUH 311: HEALTH PROBLEMS OF THE ADOLESCENTS, ELDERLY AND PHYSICALLY CHALLENGED**

**DATE: THURSDAY, 1<sup>ST</sup> FEBRUARY, 2024. TIME: 8.30 AM – 12.30 NOON**

**INSTRUCTIONS: i.) Answer ALL the FIVE Questions**

**ii.) Begin answering each question on a fresh page.**

**iii.) Write your Matric Number Legibly.**

1. a.) Briefly outline the factors associated with high incidence and prevalence of sexually transmitted infections (STIs) among young population in Nigeria.  
b.) You have been appointed as a Public Health Officer in charge of adolescent health in your State. Outline a programme of activities you will carry out in reducing the problems identified in (a) above.
2. The period of Adolescence is critical in the life of an individual.
  - a.) Justify this assertion with the aid of proven facts.
  - b.) Itemize and briefly discuss the common health problems of the adolescents.
- 3.) Studies have confirmed the rising prevalence of substance use among the adolescents in Nigeria.
  - a.) Highlight the various reasons for this trend.
  - b.) Suggest solutions to stem this tide.
4. a.) Classify and list the common problems associated with the elderly in the population.  
b.) Discuss briefly how those problems identified above can be addressed.
5. a.) Define the term, "Adolescence".  
b.) Drugs and Psycho-active substance use is one of the common problems of the adolescents. Briefly explain four of the reasons why this practice is common

among them.

- c.) Suggest some ways by which psychoactive use can be reduced among the adolescents.