

**BOWEN UNIVERSITY, IWO
COLLEGE OF HEALTH SCIENCES
NUTRITION AND DIETETICS PROGRAM
2023/2024 FIRST SEMESTER EXAMINATION**

COURSE CODE: NTD 313

COURSE TITLE: DIET THERAPY I

CREDIT UNIT: 3

TIME: 2HRS 30 MINS

INSTRUCTIONS: ANSWER FIVE QUESTIONS ONLY

1. Write short notes on the following headings:
 - i. Diet as a tool **4 marks**
 - ii. Diet as a physical therapy **4 marks**
 - iii. Diet as a drug **6 marks**

2. a.
 - i. List the risk factors for malignant tumours **5 marks**
 - ii. Discuss the pathophysiology of malignant tumours **5 marks**

b. Enumerate 4 foods to avoid and 4 foods to consume in the management of malignant neoplasms **4 marks**

3. Write extensively on
 - i. Diet in Febrile Illnesses **8 marks**
 - ii. Three methods of Diet Modification **6marks**

4. Write comprehensive essays on:
 - i. Crohns disease **4 marks**
 - ii. Celiac disease **4 marks**
 - iii. Constipation **6 marks**

5. Discuss the etiology, symptoms and dietary management of Chronic Liver Disease **14 marks**

6. Explain Hypertension under the following headings:
 - i. Aetiology **7 marks**
 - ii. Symptoms **3 marks**
 - iii. Dietary management **4 marks**

7. Write extensively on Peptic Ulcer Disease **14 marks**