

**BOWEN UNIVERSITY, IWO**  
**COLLEGE OF HEALTH SCIENCES**  
**NUTRITION AND DIETETICS PROGRAM**  
**2021/2022 FIRST SEMESTER EXAMINATION**

**COURSE CODE: NTD 313**  
**CREDIT UNIT: 3**  
**TIME: 2HRS 30MINS**

**COURSE TITLE: DIET THERAPY 1**

**INSTRUCTIONS: ANSWER FIVE QUESTIONS ONLY**

1. Broadly discuss diets based on their classifications (14 marks)
2. Discuss the disease Peptic Ulcer indicating the etiology, symptoms types, complications and dietary management. (14marks)
3. Write a comprehensive essay on Hepatitis. (14marks)
4. a. What is fever? Explain the various types of fever and its dietary management (7 marks)  
b. Write briefly on Atherosclerosis. (7marks)
5. a. Highlight the importance of diet in surgery (7 marks)  
b. Write short notes on Constipation and Diarrhea (7 marks)
6. a. Write short notes on the following (8marks)
  - i. Dysphagia
  - ii. Anorexia
  - iii. Diverticulitis
  - iv. Nausea  
b. Enumerate the problems encountered when planning therapeutic diets using local food (6marks)