

BOWEN UNIVERSITY, IWO
COLLEGE OF HEALTH SCIENCES
NUTRITION AND DIETETICS PROGRAM
2021/2022 FIRST SEMESTER EXAMINATION

COURSE TITLE: COMMUNITY NUTRITION

COURSE CODE: NTD 403

CREDIT UNIT: 3

INSTRUCTION: ANSWER FIVE QUESTIONS IN ALL

TIME: 2HRS 30MINS

Section A

- 1a. Define the term 'Community'. What are the factors affecting health of the community. **(6 marks)**
- b. Define community participation and state four benefits of community entry. **(5 marks)**
- c. What is food security and enumerate the factors affecting food security. **(3 marks)**
- 2a. Write briefly on **(6 marks)**
- i. Nutrition Surveillance
 - ii. Monitoring and Evaluation
- b. What do you mean by Applied Nutrition Programme? Describe six types of intervention programme that you know. **(8 marks)**
- 3a. Explain in details the conceptual frame-work of malnutrition. **(8 marks)**
- b. Distinguish between nutrition sensitive and nutrition specific intervention. **(3 marks)**
- c. Highlight six importance of monitoring in Nutrition intervention programme. **(3 marks)**

Section B

4. Stemming from the group activities you carried out, discuss the step wise approach you employed in developing a community nutrition program. **(14marks)**
5. Discuss the role of home, school and community gardens, poultry and fisheries in improving community nutrition. **(14marks)**
6. a. Dele is planning to embark on school feeding programmes as an intervention in improving nutrition in Bowen community. Enlighten him on school feeding programme and also stating 5 benefits of community participation in such programme. **(9marks)**
- b. Write briefly on infant and young child feeding in communication for development. **(5marks)**