

**BOWEN UNIVERSITY, IWO
COLLEGE OF HEALTH SCIENCES
NUTRITION AND DIETETICS PROGRAM
2020/2021 SECOND SEMESTER EXAMINATION**

**COURSE CODE: NTD 324
CREDIT UNIT: 2
TIME: 2HRS**

COURSE TITLE: DIETARY COUNSELING

INSTRUCTION: ANSWER FOUR QUESTIONS IN ALL

- 1.a What are the roles of a dietitian (12.5marks)
- b. Enumerate the types of Interviewing techniques (5marks)

2. Briefly write on ten indices on an index card showing the role each plays in dietary counselling (17.5marks)

3. Explain the steps in dietary counselling (17.5marks)

- 4a. Explain the term client-counsellor relationship (7.5marks)
- b. Highlight the factors to be determined when calculating the caloric requirement of patients (10marks)

- 5a. Evaluate the barriers to communication in dietary counselling (7.5marks)
- b. Outline the importance of Follow up in dietary counselling (10marks)

6. Discuss the principles to be followed in Patient interviewing techniques (17.5marks)