

BOWEN UNIVERSITY, IWO
COLLEGE OF HEALTH SCIENCES
NUTRITION AND DIETETICS PROGRAM
2019/2020 SECOND SEMESTER ONLINE EXAMINATION

COURSE CODE: NTD 328

COURSE TITLE: PUBLIC HEALTH NUTRITION

CREDIT UNIT: 2

TIME: 1HRS 30 MIN

INSTRUCTION: ATTEMPT ALL QUESTIONS

1. Using anthropometric measurements, how will you differentiate between moderate acute malnutrition and severe acute malnutrition. (5marks)
2. Why is nutrition within the first 1000 days of life important? (5marks)
3. What are the contributory factors to the aetiology of malnutrition among under 5 children? (5marks)
4. From the conceptual frameworks of malnutrition, mention the basic causes of malnutrition. (5marks)
5. Briefly discuss how these basic causes can lead to malnutrition in relation to the Covid - 19 pandemic. (5marks)
6. Describe the vicious cycle of malnutrition and infection. (5marks)
7. Mention 5 causes of Iodine deficiency disorders. (5marks)
8. What is monitoring in Public health nutrition? (5marks)
9. What is programme evaluation? (5marks)
10. Why do we need to monitor Public health nutrition programmes? (5marks)
11. What is the rationale for studying maternal and child nutrition? (5marks)
12. What steps will you take to design a nutrition surveillance system? (5marks)
13. State five Principles of Primary Health Care. (5marks)
14. A number of agencies, including UNICEF and WHO, have agreed on key household practices for neonates and infants that can help to promote child survival, health and nutrition in communities: Mention at least five of these key strategies. (5marks)