scientific reports



OPEN Gallic acid abates cadmium chloride toxicity via alteration of neurotransmitters and modulation of inflammatory markers in Wistar rats

Oluwafemi Adeleke Ojo^{1⊠}, Damilare Emmanuel Rotimi², Adebola Busola Ojo³, Akingbolabo Daniel Ogunlakin¹ & Basiru Olaitan Ajiboye⁴

Cadmium is a highly neurotoxic heavy metal that disrupts membranes and causes oxidative stress in the brain. The study aimed to investigate the neuroprotective effect of gallic acid on oxidative damage in the brains of Wistar rats exposed to cadmium chloride (CdCl₂). Male Wistar rats were divided into four groups of five rats each. Group 1 was administered distilled water only throughout the study. Throughout the study, Group 2 received CdCl₂ alone (5 mg/kg b.w./day), Group 3 received gallic acid (20 mg/kg b.w./day), and Group 4 received CdCl₂ + gallic acid (20 mg/kg). Treatments were oral with distilled water as a vehicle. The study lasted 21 days. In the brain, the activities of cholinesterase and antioxidant enzymes were evaluated, as well as the levels of reduced glutathione, malondialdehyde, neurotransmitters, Na+/K+ ATPase, myeloperoxidase activity, nitric oxide, and interleukin-6. CdCl₂-induced brain impairments in experimental animals and gallic acid prevents the following CdCl₂-induced activities: inhibition of acetylcholinesterase (AChE) and butyrylcholinesterase (BChE), elevated neurotransmitters (serotonin and dopamine), decreased antioxidant enzymes (superoxide dismutase, catalase), decreased glutathione, Na+/K+ ATPases, and increased MDA and neuroinflammatory markers (myeloperoxidase (MPO), nitric oxide, and interleukin-6 in the brain of experimental rats exposed to $CdCl_2$ (p < 0.05). Taken together, the neuroprotective effects of gallic acid on CdCl₂-induced toxicity in the brains of rats suggest its potent antioxidant and neurotherapeutic properties.

Cadmium (Cd) is a toxic heavy metal that has a negative impact on human and animal cellular and metabolic systems. Cd levels in brain tissue are always high in rats that have been intoxicated with the metal (at dosage roughly 700 times higher than the control values). Cadmium salts is one of the most toxic pollutants found in the environment. Because Cd is not broken down, the danger of human exposure to Cd via food chain pollution is constantly increasing¹. Exposure to cadmium occurs primarily through foods such as cereals and vegetables, implying that exposure is constant. The rise in Cd contamination is a major public health concern around the world². Longterm exposure to Cd is well known to cause toxic side effects in numerous organ systems, like the cardiovascular, brain, and immune/hemopoietic^{3,4}. Cd has the potential to cause neurotoxicity, resulting in an extensive range of clinical entities such as neurological disturbances and changes in normal brain neurochemistry⁵. Cd has been shown to promote lipid peroxidation (LPO) by increasing free radicals⁶. Cd toxicity has been linked to the production of reactive oxygen species (ROS) and the depletion of antiradicals⁷. The capability of Cd to cause oxidative stress in brain cells has been described as ROS generation after Cd intoxication with mitochondrial sites, resulting in the breakdown of mitochondrial potential and a subsequent decrease in intracellular glutathione levels⁸. Due to its high rate of oxygen utilization, abundance of polyunsaturated fatty acids, weak antioxidant

¹Phytomedicine, Molecular Toxicology, and Computational Biochemistry Research Laboratory (PMTCB-RL), Department of Biochemistry, Bowen University, Iwo 232101, Nigeria. ²Department of Biochemistry, Landmark University, Omu-Aran, Nigeria. ³Department of Biochemistry, Ekiti State University, Ado-Ekiti, Nigeria. ⁴Department of Biochemistry, Federal University Oye-Ekiti, Oye-Ekiti, Nigeria. ⁵²email: oluwafemiadeleke08@gmail.com

defense, and high concentration of transition metals like copper and iron in some areas, brain tissue is highly susceptible to lipid peroxidation⁹. Loss of membrane-bound ATPase activity may occur as a result of the brain membranes' increased sensitivity to LPO¹⁰. Lipid-dependent membrane-bound enzymes known as ATPases play a role in active transport, preservation of cell homeostasis, and neurotransmission¹¹. Cadmium modifies the activities of oxidative stress-neutralizing enzymes, causing disruptions in brain metabolism and contributing to cadmium's neurotoxic effect. Cadmium causes changes in the structural integrity of lipids and has indirect effects on membrane-bound enzymes by increasing the production of free radicals in the brain and interfering with the antioxidant defense system¹². The ability of Cd to cross the blood–brain barrier may explain its accumulation in brain tissue¹³. Reactive oxygen species (ROS) production is a normal process in metabolism. Excessive ROS production, not compensated by antioxidants, cause oxidative stress¹⁴. Presently, a broad investigation is being conducted to assess the preventive effects of many natural antioxidants on metal-induced toxicities^{15,16}. Antioxidants are gaining increasing attention in the treatment of diseases related to oxidative stress as well as being probable therapeutic agents for a variety of disorders. Antioxidants can mitigate the cadmium-induced reduction in ATPase activity and the elevation of oxidative injury¹⁷.

One of the well-studied antioxidant agents is gallic acid. Gallic acid is a common plant metabolite that has the structure of trihydroxybenzoic acid and several hydrogen atoms in its phenolic structure that easily delocalize free radicals^{18,19}. Its structure explains why it has strong antioxidant properties, indicating that it can protect tissues and organs from oxidative stress^{18,20}. Gallic acid has previously been reported to be a common component of various foods and herbal drugs²¹. GA protects the brain by increasing antioxidant enzymes and decreasing inflammation^{22,23}. Gallic acid can reduce the incidence of inflammation-related diseases, including cancer^{24,25} cardiovascular disease^{26,27}, liver disease^{28,29}, inflammation^{30,31}, and neurodegenerative diseases. Gallic acid can inhibit the inflammatory process by eliminating superoxide anions, inhibiting the release and activity of myeloperoxidase (MPO), and possibly participating in the accumulation of active NADPH-oxidase³¹. This suggests that gallic acid is a promising chemical agent with a variety of chemotherapeutic properties. Given gallic acid's antioxidant and anti-inflammatory properties, it is worth considering gallic acid as a potential preventive agent against cadmium-induced oxidative stress in the brain. The purpose of the study was to examine the protective role of gallic acid against oxidative damage caused by $CdCl_2$ in the brains of male Wistar rats. As a result, we investigated the effects of gallic acid on the activities of AChE, BChE, and Na+/K+ ATPase. Furthermore, we examine the protective abilities of gallic acid on antioxidant enzymes (catalase and SOD) as well as GSH levels, markers of oxidative stress (TBA Reactive Substances (TBARS)), neurotransmitters (serotonin and dopamine levels), and inflammatory markers (MPO, nitric oxide (NO), and IL-6) in the brains of rats treated with CdCl₂ to give more scientific evidence on the protective role of gallic acid.

Results

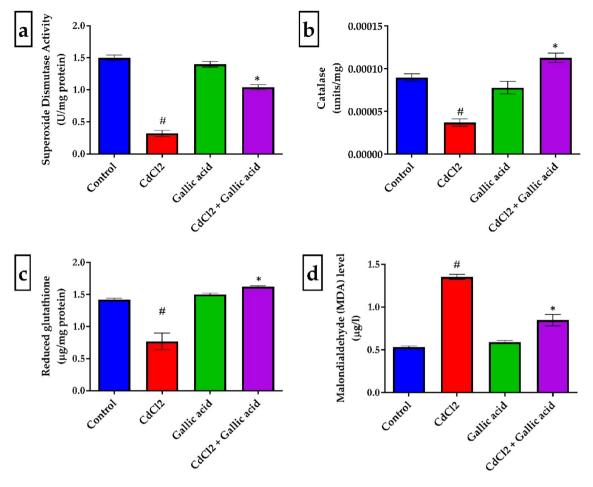
Gallic acid enhanced antioxidant status in cadmium chloride-induced Wistar rats. Figure 1 shows the effects of a 21-day exposure to $CdCl_2$ and gallic acid on SOD, catalase, and GSH in the cerebrum of Wistar rats. $CdCl_2$ alone was found to significantly (p < 0.05) reduce SOD, catalase, and GSH levels. On the other hand, $CdCl_2$, markedly (p < 0.05) raised MDA levels in the cerebrum of experimental rats. However, compared to rats given only $CdCl_2$, co-administration of $CdCl_2$ and gallic acid at a dose of 20 mg/kg bwt markedly (p < 0.05) raised the activities of SOD and catalase as well as GSH level.

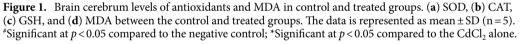
Gallic acid reversed the inhibition of brain activities of acetylcholinesterase and butyrylcholinesterase in rats administered with CdCl₂. Figure 2 shows the impact of gallic acid on the brain activities of AChE and BChE in the cerebrum of rats given CdCl₂. Compared to control rats, CdCl₂ markedly (p < 0.05) inhibited AChE and BChE activities in the cerebrum of Wistar rats (Fig. 2). However, the activities of both enzymes were significantly decreased (p < 0.05) when CdCl₂ and gallic acid were administered together.

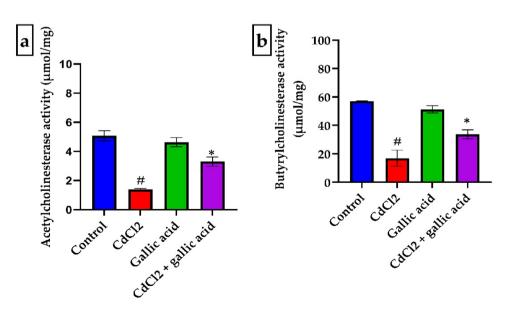
Gallic acid reverses brain levels of serotonin and dopamine in rats exposed to CdCl₂. The effect of gallic acid on brain neurotransmitter levels of serotonin (Fig. 3) and dopamine (Fig. 4) in the cerebrum of rats administered CdCl₂. CdCl₂ alone significantly (p < 0.05) reduced serotonin levels and increased dopamine levels in the brains of Wistar rats compared to control rats. On the contrary, the co-administration of gallic acid with CdCl₂ significantly (p < 0.05) prevent such alterations in the level of neurotransmitters. Furthermore, in rats administered only gallic acid, serotonin levels increased and dopamine decreased compared to CdCl₂ alone (p < 0.05).

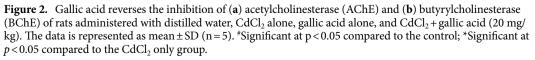
Gallic acid protected against CdCl₂-induced neuro inflammation. The gallic acid effects on MPO, NO, and interleukin-6 (IL-6) brain activity in the cerebrum of rats receiving $CdCl_2$ are shown in Figs. 5, 6, and 7. $CdCl_2$ alone significantly (p < 0.05) raised the levels of MPO (Fig. 5), NO (Fig. 6), and IL-6 (Fig. 7) in comparison to the control. Co-administration of $CdCl_2$ and gallic acid decreased NO and IL-6 levels as well as MPO activity in comparison to rats exposed to $CdCl_2$ alone.

Effect of gallic acid on membrane bound ATPases in rat brain. Changes in ATPase enzyme activity (Na⁺/K⁺-ATPase) in the cerebrum of control and experimental rats are depicted in Fig. 8. Compared to control rats, CdCl₂ alone rats had a significant decrease (p < 0.05) in the activity of the ATPase enzyme. Compared to cadmium alone, gallic acid co-administration significantly increased (p < 0.05) the activity of ATPase enzymes in the brain.









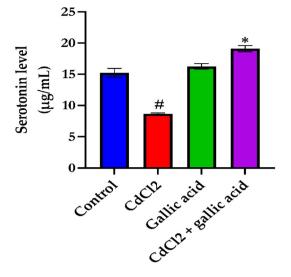


Figure 3. Gallic acid reverses the levels of serotonin in the cerebrum of rats administered with distilled water, $CdCl_2$ alone, gallic acid alone, and $CdCl_2 + gallic acid (20 mg/kg)$. The data is represented as mean \pm SD (n = 5). *Significant at p < 0.05 compared to the control; *Significant at p < 0.05 compared to the CdCl₂ only group.

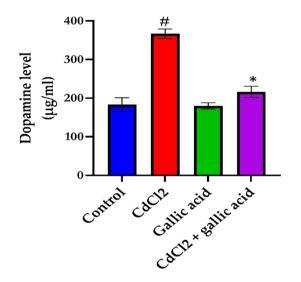


Figure 4. Gallic acid reverses the levels of dopamine in the cerebrum of rats administered with distilled water, $CdCl_2$ alone, gallic acid alone, and $CdCl_2$ +gallic acid (20 mg/kg). The data is represented as mean ± SD (n = 5). *Significant at p < 0.05 compared to the control; *Significant at p < 0.05 compared to the CdCl₂ only group.

Impact of gallic acid on brain of rats with CdCl₂-induced neurotoxicity. Figure 9 shows the histological studies of the cerebrum of experimental animals after the administration of $CdCl_2$ +gallic acid. In contrast to the normal architecture displayed by the cerebrum of normal and gallic acid control rats, the cerebrum of $CdCl_2$ -induced rats had severe vacuolation of purkinje cell layer, optical empty spaces due to cell necrosis, severe separation of $CdCl_2$ with gallic acid decreased the occurrence of these changes in the cerebrum of rats and revealed near-normal architecture comparable to the $CdCl_2$ alone rats.

Discussion

According to recent research, Cd exposure in Wistar rats weakening antioxidant defense mechanisms, which messes up cellular redox and causes oxidative stress. During oxidative stress, free radicals are produced in large quantities, causing a reduction in antioxidant enzymes like superoxide dismutase and catalase³², which may have helped control ROS in the brain³³. However, the brain can suffer harm if ROS is generated by interacting with the lipids, carbohydrates, proteins, and DNA present in the brain³¹. This study suggests that CdCl₂ toxicity is caused by oxidative stress, which interacts with various brain cells and tissues. As a result, CdCl₂-induced oxidative stress in rat brains, leading to decreased SOD and catalase activities, which is a sign of oxidative damage.

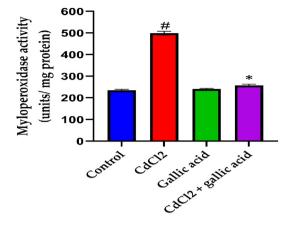


Figure 5. Gallic acid reverses brain cerebrum myeloperoxidase activity in CdCl₂-induced neurotoxicity in Wistar rats. The data is represented as mean \pm SD (n=5). #Significant at p < 0.05 compared to the control; *Significant at p < 0.05 compared to CdCl₂ alone and CdCl₂ + gallic acid.

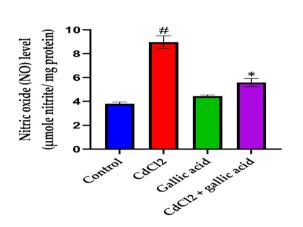
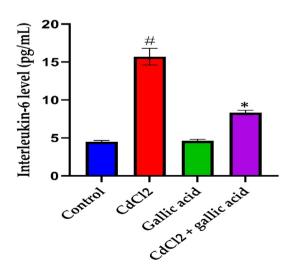
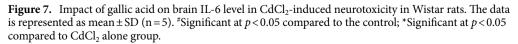


Figure 6. Impact of gallic acid on brain NO level in $CdCl_2$ -induced neurotoxicity in Wistar rats. The data is represented as mean ± SD (n = 5). #Significant at *p* < 0.05 compared to the control; *Significant at *p* < 0.05 compared to CdCl₂ alone group.





Scientific Reports | (2023) 13:1577 |

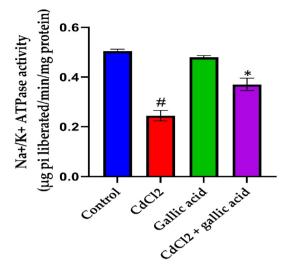


Figure 8. Impact of gallic acid and cadmium on the activities of membrane bound ATPases in the cerebrum of control and experimental rats. The data is represented as mean \pm SD (n = 5). [#]Significant at p < 0.05 compared to the control; *Significant at p < 0.05 compared to the CdCl₂ only group.



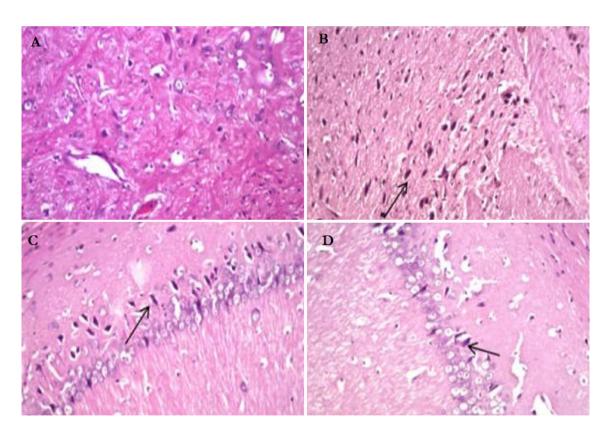


Figure 9. Impact of gallic acid on the cerebrum of $CdCl_2$ -induced neurotoxic rats (H & E, 200X). Group A (Control rats), Group B (cadmium chloride-treated rats), Group C ($CdCl_2 + GA$ -treated rats), Group D (gallic acid-treated rats) (**A**) Control showing normal granular layer, molecular layer, purkinje cell layer, blood vessels as well as while matter. (**B**) $CdCl_2$ group showing severe vacuolation of purkinje cell layer, optical empty spaces due to necrosis (arrow), severe separation of purkinje cell layer from granular layer, severe hemorrhage of white matter; (**C**) $CdCl_2 + GA$ group showing vacuolated purkinje cell layer (black arrow), mild separation of purkinje cell layer; (**D**) GA group reveals normal granular layer, molecular layer, vacuolated purkinje cell layer (black arrow).

Shukla and Chandra³⁰ and Ojo et al.^{13,34} found a similar decrease in catalase and SOD activities in rat brains after $CdCl_2$ intoxication. The restoration of SOD and catalase activities in the brains of rats suggests that gallic acid has protective potential by reducing lipid peroxidation in brain tissues. Meanwhile, a drop in GSH levels has been noted in some earlier studies. Due to the excessive availability of the lipid peroxidation product (MDA) and inhibition of enzymes by $CdCl_2$ metabolites, the level of GSH was lower in the current study. This could be due to its ability to conjugate electrophilic metabolites of $CdCl_2$. Gallic acid, on the other hand, may help in the management of ROS in the brain as a neuroprotective agent due to its ability to prevent $CdCl_2$ -induced inhibition of GSH in the brain. The buildup of Cd in brain tissue, which depletes the GSH pool, may be the cause of the decrease in antioxidant enzyme levels observed in this study³⁵. In addition to the binding of Cd to the sulfhydryl (-SH) group of the oxidative enzymes and inhibiting them, GSH depletion also renders the antioxidant enzymes inactive³⁶. The current findings are consistent with those of Elkhadrag et al. and Ichipi Ifukor et al.^{37,38}. Rutin, a well-known antioxidant, has been shown to have a similar effect on these antioxidant parameters³⁹.

The neurotoxin potency of Cd has been demonstrated in both in vitro and in vivo studies^{40,41}. Animals exposed to Cd have been found to have altered catecholaminergic and serotoninergic transmission^{42,43}. To determine the neurotoxic effects of heavy metals, it is imperative to investigate the activities of brain enzymes like AChE and BChE. According to several studies⁴⁴, AChE activity in the brain is believed to decline as a result of free radical production in the brain. Acetylcholine accumulation, which results in cholinergic hyperactivity, convulsions, and epileptic status, has been shown to be caused by decreased AChE⁴⁵. Although it is unclear how much it directly contributes, decreased levels of AChE in the brain could be one of the indicators of Cd-induced injury because they are a key regulator of behavioral processes. The fact that CdCl₂ inhibited the activities of butyrylcholinesterase and acetylcholinesterase in the brains of rats in this study indicates that acetylcholine had accumulated due to disruptions cholinergic transmission. This result is consistent with Pari and Murugavel's report on the effect of diallyl tetrasulfide, which is commonly found in garlic, on AChE⁴⁶.

The most common neurotransmitter in the central nervous system, serotonin (5-HT), is essential for memory and learning⁴⁷. On the other hand, tryptophan hydroxylase is distributed similarly to serotonin (5-HT) in the hypothalamus, the midbrain, and the limbic system of the brain^{48–50}. In this study, rats treated with cadmium alone had considerably lower levels of 5-HT in their brains. By inhibiting the oxidative metabolism of serotonergic neurons, cadmium prevents tryptophan hydroxylase activity, which is essential for the conversion of tryptophan to 5-HT⁵¹. Our results are in line with those of Das et al.⁵², who discovered that rats given CdCl₂ had markedly lower levels of 5-HT in their brains. In the current study, brain catecholamine levels (dopamine) increased in rats administered cadmium. It has been proposed that it causes changes in neurochemistry as a result of oxidative damage to brain tissue, which may be responsible for its toxic action^{53,54}. Cd also promotes lipid peroxidation by increasing the production of superoxide anions⁵⁵, which act as primary oxidant. This process can cause direct cell damage by destroying membranes and indirect cell damage by producing reactive carbonyl products⁵⁶. Cd-induced lipid peroxidation is the cause of membrane damage that leads to neuronal dysfunction, resulting in decreased dopamine uptake in the brain⁵⁷. Our findings are consistent with³⁰, who found that low-dose chronic cadmium treatment markedly increased dopamine levels in rats.

Due to the presence of free fatty acids in the brain, it is extremely prone to lipid peroxidation⁵⁹. The increase in MDA levels caused by CdCl₂ in the current study suggests that the brains of rats may experience cellular damage and dysfunction as a result of excessive ROS generation⁶⁰. This supports the hypothesis that a decrease in glutathione levels is the first sign of oxidative stress. Rotimi et al.¹⁴ made a similar finding of elevated MDA levels in CdCl₂-induced rats. On the other hand, gallic acid's capacity to restore MDA levels that are comparable to those of the relevant controls may be connected to its anti-peroxidative properties.

One of the defenders against neurotoxic assaults on a host's nervous system is neuroinflammation. As a promising clinical target, neuroinflammation is also a frequent pathological outcome or etiology of neurodegeneration and neurological disorders⁶¹. Therefore, the detection of specific neuroinflammation markers was crucial in this study. For example, the pathogenesis of inflammatory disorders and the maintenance of neural tissue homeostasis depend on the cytokine interleukin-6 (IL-6)⁶². Nitric oxide enhances cerebral blood flow while acting as a retrogressive neurotransmitter in synapses and is crucial for intracellular signaling in neurons⁶³. Myeloperoxidase is a therapeutic target for oxidative stress and neuroinflammation-causing pathological processes⁶⁴. The rise in IL-6 levels in the brains of rats suggests that it interferes with the physiological processes associated with neuroinflammation. This justify the role of IL-6 in the pathogenesis of neurodegenerative diseases. In this study, nitric oxide levels were higher than normal in the brains of rats due to $CdCl_2$, which may also have interfered with intracellular signaling in the brain. Reduced antioxidant status with elevated oxidative stress was associated with increased MPO activity in the rat brain. Gallic acid, on the other hand, has the potential to be an antiinflammatory agent in inflammation-induced brain diseases, as evidenced by its ability to reverse the increase in NO and MPO induced by $CdCl_2$.

The production of metabolic energy, the uptake and release of catecholamines and serotonin, as well as neural excitability, are all regulated by the enzyme Na⁺/K⁺-ATPase^{65,66}. Furthermore, Mg²⁺ -ATPase is responsible for keeping intracellular Mg²⁺ levels in the brain at a high level, where changes can affect the rate of protein synthesis and cell growth⁶⁷. In the nervous system, Ca²⁺ acts as a second messenger. Numerous pathological lesions in the brain are caused by variations in Ca²⁺ levels⁶⁸. The Ca² + ATPase activity in the cell membrane is also inhibited by the Ca²⁺ overload caused by Cd, which ultimately results in irreversible cell death. Exposure to Cd affects the activities of these ATPase enzymes^{17,43,69,70}, indicating changes in membrane and neurotransmitter functions. Compared to control rats, CdCl₂ alone showed a significant decrease in ATPase enzyme activity in the brains of experimental animals. ATPase activity can be reduced due to the formation of Cd-ATPase complexes through the enzyme's SH group and/or increased oxidative stress⁴⁶. Co-administration of gallic acid with Cd significantly increased the activity of ATPase enzymes in the brain compared to cadmium alone.

Significant histopathological changes in brain tissue have been widely associated with heavy metals⁷¹. According to histological examination of brain tissue, Cd intoxication causes abnormal structural changes in brain tissue, including apoptosis, nuclear vacuolization, and inflammatory lymphocytic changes. Cd alters the cortical micro-and macrostructures once it enters the brain. Cd destroys glial and neuronal cells in the hippocampus's white matter⁷². Cadmium causes severe damage to the brain, including encephalopathy and hemorrhage. These changes are neuropathological and neurochemical. The cortical neuroglia, pyramidal, and granule cells are also altered by Cd exposure⁷³. Additionally, Cd affects the structure of nerve cells and parenchyma, impairing attention, memory, and olfactory functions as well as hypernociception⁷⁴. According to a histopathological assessment of the cerebrum, the intoxication with cadmium led to abnormal ultra-structural changes, including severe vacuolation of purkinje cell layer, optical empty spaces due to cell necrosis, severe separation of purkinje cell layer from granular layer, severe hemorrhage, and cell degeneration. The observed pathological damage caused by CdCl₂-induced rats treated with gallic acid showed a significant recovery, indicating that gallic acid is capable of abating the neuronal impairment caused by cadmium. As a result, it might be hypothesized that gallic acid could prevent brain damage caused by Cd.

Our obtained data showed that $CdCl_2$ induced oxidative stress and neuroinflammation in the brains of Wistar rats. However, gallic acid offered neuroprotective effects on $CdCl_2$ -induced toxicity in the brain, indicating its antioxidant and therapeutic potentials against oxidative stress and neuro-inflammation in the brain of rats exposed to $CdCl_2$. Our results suggested that gallic acid showed a profound improvement in neurotransmitter levels.

Materials and methods

Chemicals. Gallic acid (GA) was a product of SantaCruz Biotechnology, Heidelberg, Germany. ELISA kits for serotonin, dopamine, and interleukin-6 were purchased from Elabscience, Houston, Texas, USA. All other chemicals were of analytical grade.

Animals. For this experiment, twenty (20) Wistar rats weighing between 170 and 200 g were used. The animals were acquired from Landmark University's Biochemistry Department in Kwara State, Nigeria. Throughout the 21-day acclimatization period and the experimental period, they were kept at room temperature with unlimited access to food and water (21 days).

Ethical approval. All experimental rats used in this study were handled in accordance with the rules and regulations established for animal management in research, as outlined in NIH Publications No. 80-23 revised, 1996. The Animal Care and Use Ethical Committee at Landmark University, Nigeria (LUAC/2020/0052B) confirmed and approved that the experimental treatment of the rats is in accordance with ARRIVE guidelines. Furthermore, all methods/experimental protocol/s were approved by the institution's ethical committee and ARRIVE guidelines.

Animal groupings and experimental procedures. The rats were divided into four groups (n=5) at random. The negative control group was given distilled water only for the duration of the study. Group 2 was the positive control, receiving only $CdCl_2$ (5 mg/kg/day) throughout the study. Group 3 received only 20 mg/kg of gallic acid per day, whereas Group 4 received 20 mg/kg of gallic acid + 5 mg/kg of $CdCl_2$. The doses of cadmium and gallic acid were chosen based on previous studies^{6,75} for cadmium and^{13,76} for gallic acid. Gallic acid was said to be safe at a daily dose of 20 mg/kg body weight⁷⁶, but it has been demonstrated that the cadmium dose chosen causes significant oxidative stress in various tissues^{34,77}.

Serum and organ collection. Animals were sacrificed under halothane anesthesia by cervical dislocation twenty-four hours after the last administration. Cardiovascular puncture was used to quickly collect blood into a plain bottle, which was then spun at 3000 rpm for 10 min to obtain serum, which was used to assess biochemical indices. Quickly removed from the body, the brain was rinsed in ice-cold normal saline and the cerebrum was homogenized in 0.1 M phosphate buffer (1:10 w/v) (pH 7.4). The brains were sectioned and the cerebrum were separated. At 3000 rpm, the homogenates were centrifuged. The obtained clear supernatant was used for various biochemical assays.

Biochemical analyses. Using Ellman's method⁷⁸, the activities of acetylcholinesterase (AChE) and butyrylcholinesterase were assessed. The TBA Reactive Substances (TBARS) concentration was measured using the Buege and Aust method⁷⁹. The Na+/K+ ATPase's activity was assessed by Bonting⁸⁰. The technique outlined by Misra and Fridovich⁸¹ was used to test the superoxide dismutase activity. The catalase activity was tested using the procedure outlined by Aebi⁸². The method outlined by Ellman⁸³ was used to measure the level of reduced glutathione (GSH). The assay for myeloperoxidase activity was carried out using the technique described by Granell et al.⁸⁴. The Griess reaction was used to calculate the nitric oxide level⁸⁵. The levels of IL-6, dopamine, and serotonin were estimated using rat specific enzyme linked immunosorbent assay (ELISA) kits (ElabScience, USA) according to the manufacturer's instructions.

Histopathological investigation. Animal brain tissues were used for histopathological research. The tissues underwent routine processing before being formalin-fixed in 10% formalin and embedded in paraffin wax. Hematoxylin and eosin (H and E) were used to stain the cerebrum sections, which were of 4 µm thick, on glass

slides. A light microscope was used to examine the slides, and magnified images (200X) of the tissue structures were recorded⁸⁶.

Data analysis. Data analysis was performed using one-way analysis of variance (ANOVA) on GraphPad Prism 9.0, version (GraphPad software, Inc, San Diego, USA). All results were expressed as mean \pm standard deviation (SD). Statistical significance at p<0.05 was determined by using Tukey's post hoc multiple comparisons test.

Data availability

Data is available on reasonable request from the corresponding author.

Received: 27 October 2022; Accepted: 27 January 2023 Published online: 28 January 2023

References

- 1. ATSDR (Agency for Toxic Substances and Disease Registry). U.S. Toxicological Profile for Cadmium (Department of Health and Humans Services, Public Health Service, Centers for Disease Control, 2005).
- 2. Ali, H., Khan, E. & Ialhi, I. Environmental chemistry and ecotoxicology of hazardous heavy metals: Environmental persistence, toxicity, and bioaccumulation. J. Chem. 2019, 1–14 (2019).
- 3. Genchi, G., Sinicropi, M. S., Lauria, G., Carocci, A. & Catalano, A. The effects of cadmium toxicity. *Int. J. Environ. Res. Public Health* 17, 3782 (2020).
- 4. Satarug, S., Garrett, S. H., Sens, M. A. & Sens, D. A. Cadmium, environmental exposure and health outcomes. *Environ. Health Perspect.* 118, 182–190 (2010).
- 5. Renugadevi, J. & Miltonprabu, S. Protective role of alpha tocopherol and ascorbic acid against cadmium induced neurotoxicity in rats. *Int. J. Med. Sci.* **2**, 11–17 (2009).
- El-demerdash, F. M., Yousef, M. I., Kedwany, F. S. & Baghdadi, H. H. Cadmium-induced changes in lipid peroxidation, blood hematology, biochemical parameters and semen quality of male rats: Protective role of vitamin E and beta-carotene. *Food Chem. Toxicol.* 2, 11–17 (2004).
- González-Trujano, E. & Navarrete, A. Effect of zinc on the cadmium acute intoxication in the gastric injury induced in rats. *Rev. Latinoamer. Quím* 39(1–2), 45–54 (2011).
- 8. Branca, J. J., Morucci, G. & Pacini, A. Cadmium-induced neurotoxicity: Still much ado. Neural Regen. Res. 13(11), 1879 (2018).
- Limón-Pacheco, J. & Gonsebatt, M. E. The role of antioxidants and antioxidant-related enzymes in protective responses to environmentally induced oxidative stress. *Mutation Res.* 674(1–2), 137–147 (2009).
- Ajiboye, B. O. *et al.* Inhibitory effect of ethyl acetate fraction of *Solanum macrocarpon* L. leaves on cholinergic, monoaminergic and purinergic enzyme activities. *Food Biochem.* 42(6), e12643. https://doi.org/10.1111/jfbc.12643 (2018).
- Ajiboye, B. O., Ojo, O. A., Okesola, M. A., Oyinloye, B. E. & Kappo, A. P. Ethyl acetate leaf fraction of *Cnidoscolus aconitifolius* (Mill.) I. M. Johnst: Antioxidant potential, inhibitory activities of key enzymes on carbohydrate metabolism, cholinergic, monoaminergic, purinergic and chemical fingerprinting. *Int. J. Food Crops* 21(1), 1697–1715 (2018).
- Oboh, G. et al. Rutin alleviates cadmium-induced neurotoxicity in Wistar rats: Involvement of modulation of nucleotide-degrading enzymes and monoamine oxidase. Metab. Brain Dis. 34, 1181–1190 (2019).
- Shukla, G. S. & Chandra, S. V. Concurrent exposure to lead, manganese, and cadmium and their distribution to various brain regions, liver, kidney, and testis of growing rats. Arch. Environ. Contam. Toxicol. 16, 303–310. https://doi.org/10.1007/BF01054947 (1987).
- 14. Chen, L. et al. Cadmium induction of reactive oxygen species activates the mTOR pathway, leading to neuronal cell death. Free Radic. Biol. Med. 50, 624–632 (2011).
- Ojo, O. A. et al. Gallic acid protects against cadmium chloride-induced alterations in Wistar rats via the antioxidant defense mechanism. J. Pharm. Pharmacogn. Res 9(5), 668–676 (2021).
- Rotimi, D. *et al.* Protective impacts of gallic acid against cadmium-induced oxidative toxicity in the ovary of rats. *Comp. Clin. Pathol.* 30(3), 453–460. https://doi.org/10.1007/s00580-021-03237-w (2021).
- EL-missiry, M. A. & Shalaby, F. Role of beta-carotene in ameliorating the cadmium-induced oxidative stress in rat brain and testis. J. Biochem. Mol. Toxicol. 14, 238–243 (2000).
- Nayeem, N., Asdaq, S. M. B., Salem, H. & Ahel-Alfqy, S. Gallic acid: A promising lead molecule for drug development. J. Appl. Pharm. 8(2), 213–218. https://doi.org/10.4172/1920-4159.1000213 (2016).
- Kahkeshani, N. *et al.* Pharmacological effects of gallic acid in health and disease: A mechanistic review. *Iran J. Basic Med. Sci.* 22(3), 225–237. https://doi.org/10.22038/ijbms.2019.32806.7897 (2019).
- Gao, J., Hu, J., Hu, D. & Yang, X. A role of gallic acid in oxidative damage diseases. *Nat. Prod. Commun.* https://doi.org/10.1177/ 1934578X19874174 (2019).
- 21. Wu, X. C., Yu, B. T., Hou, A. L., Hu, T. T. & Lu, G. Q. Study on stability of gallic acid. Med. J. Natl. Def. Forces Southwest China 16, 484–485 (2006).
- 22. Mansouri, M. T. *et al.* Neuroprotective effects of oral gallic acid against oxidative stress induced by 6-hydroxydopamine in rats. *Food Chem.* **138**, 1028–1033 (2013).
- Sarkaki, A. *et al.* Gallic acid improved behavior, brain electrophysiology, and inflammation in a rat model of traumatic brain injury. *Can. J. Physiol. Pharmacol.* 93, 687–694 (2015).
- 24. Inoue, M. et al. Selective induction of cell death in cancer cells by gallic acid. Biol. Pharm. Bull. 18(11), 1526-1530 (1995).
- 25. Ohno, Y. et al. Induction of apoptosis by gallic acid in lung cancer cells. Anticancer Drugs 10(9), 845–851 (1999).
- Priscilla, D. H. & Prince, P. S. M. Cardioprotective effect of gallic acid on cardiac troponin-T, cardiac marker enzymes, lipid peroxidation products and antioxidants in experimentally induced myocardial infarction in Wistar rats. *Chem. Biol. Interact.* 179(2–3), 118–124 (2009).
- Patel, S. S. & Goyal, R. K. Cardioprotective effects of gallic acid in diabetes-induced myocardial dysfunction in rats. *Pharmacogn. Res.* 3(4), 239. https://doi.org/10.4103/0974-8490.89743 (2011).
- Rasool, M. K. et al. Hepatoprotective and antioxidant effects of gallic acid in paracetamol-induced liver damage in mice. J. Pharm. Pharmacol. 62(5), 638–643 (2010).
- Ohno, T., Inoue, M. & Ogihara, Y. Cytotoxic activity of gallic acid against liver metastasis of mastocytoma cells P-815. Anticancer. Res. 21(6A), 3875–3880 (2001).
- Kim, M. J. et al. Gallic acid, a histone acetyltransferase inhibitor, suppresses β-amyloid neurotoxicity by inhibiting microglialmediated neuroinflammation. Mol. Nutr Food Res. 55(12), 1798–1808 (2011).

- Kroes, B. V., Van den Berg, A., Van Ufford, H. Q., Van Dijk, H. & Labadie, R. Anti-inflammatory activity of gallic acid. *Planta Med.* 58(6), 499–504. https://doi.org/10.1055/s-2006-961535 (1992).
- Birben, E., Sahiner, U. M., Sackesen, C., Erzurum, S. & Kalayci, O. Oxidative stress and antioxidant defense. World Allergy Organ. J. 5, 9–19 (2012).
- Kaygusuzoglu, E. *et al.* Zingerone ameliorates cisplatin-induced ovarian and uterine toxicity via suppression of sex hormone imbalances, oxidative stress, inflammation and apoptosis in femalewistar rats. *Biomed. Pharmacother.* 102, 517–530 (2018).
- Ojo, O. A., Oyinloye, B. E., Ajiboye, B. O. & Onikanni, S. A. Neuroprotective mechanism of ethanolic extract of *Irvingia gabonensis* stem bark against cadmium-induced neurotoxicity in rats. *Br. J. Med. Med. Res.* 4(36), 5793–5805 (2014).
- Onyema, O. O., Farombi, E. O., Emerole, G. O., Ukoha, A. I. & Onyeze, G. O. Effect of vitamin E on monosodium glutamate induced hepatotoxicity and oxidative stress in rats. *Indian J. Biochem. Biophys.* 43, 20–24 (2006).
- Renugadevi, J. & Prabu, S. M. Naringenin protects against cadmium-induced oxidative renal dysfunction in rats. *Toxicology* 256, 128–134. https://doi.org/10.1016/j.tox.2008.11.012 (2009).
- Elkhadragy, M. F., Al-Olayan, E. M., Al-Amiery, A. A. & Abdel Moneim, A. E. Protective effects of *Fragaria ananassa* extract against cadmium chloride-induced acute renal toxicity in rats. *Biol. Trace Elem. Res.* 181, 378–387. https://doi.org/10.1007/s12011-017-1062-7 (2018).
- Ichipi-Ifukor, P. C., Asagba, S. O., Nwose, C., Mordi, J. C. & Oyem, J. C. Palm oil extracts protected against cadmium chloride poisoning via inhibition of oxidative stress in rats. *Bull. Natl. Res. Cent.* 46(1), 1–11 (2022).
- Mostafa, D. G., Khaleel, E. F., Badi, R. M., Abdel-Aleem, G. A. & Abdeen, H. M. Rutin hydrate inhibits apoptosis in the brains of cadmium chloride-treated rats via preserving the mitochondrial integrity and inhibiting endoplasmic reticulum stress. *Neurol. Res.* 41(7), 594–608 (2019).
- 40. Webster, W. S. & Valois, A. A. The toxic effect of cadmium on the neonatal mouse CNS. J. Neuropathol. Exp. Neurol. 40, 247–257 (1981).
- Kabeer, I. A., Rajender, R. J. & Desaiah, D. Protection against cadmium toxicity and enzyme inhibition by dithiothreitol. *Cell Biochem. Funct.* 7, 185–192 (1989).
- Gupta, A., Gupta, A. & Shukla, S. G. Neurochemical changes in developing rat brain after pre- and postnatal cadmium exposure. Bull. Environ. Contam. Toxicol. 51, 12–17 (1993).
- 43. Antonio, M. T., Corredor, L. & Leret, M. L. Study of the activity of several brain enzymes like markers of the neurotoxicity induced by perinatal exposure to lead and/or cadmium. *Toxicol. Lett.* **143**, 331–340 (2003).
- 44. Tsakiris, S., Angelogianni, P., Schulpis, K. H. & Stavridis, J. C. Protective effect of l-phenylalanine on rat brain acetylcholinesterase inhibition induced by free radicals. *Clin. Biochem.* **33**, 103–106 (2000).
- 45. Olney, J. W., Collins, R. C. & Sloviter, R. S. Exotoxic mechanisms of epileptic brain damage. Adv. Neurol. 44, 857–877 (1986).
- Pari, L. & Murugavel, P. Diallyl tetrasulfide improves cadmium induced alterations of acetylcholinesterase, ATPases and oxidative stress in brain of rats. *Toxicology* 234(1–2), 44–50 (2007).
- 47. Butzlaff, M., Ponimaskin, E., Butzlaff, M. & Ponimaskin, E. The role of serotonin receptors in Alzheimer's disease. Opera Med. Physiol. 1, 91–100 (2016).
- Ney, D. M. *et al.* Metabolomic changes demonstrate reduced bioavailability of tyrosine and altered metabolism of tryptophan via the kynurenine pathway with ingestion of medical foods in phenylketonuria. *Mol. Genet. Metab.* 121, 96–103 (2017).
- Fernstrom, J. D. & Fernstrom, M. H. Tyrosine, phenylalanine, and catechol- amine synthesis and function in the brain. J. Nutr. 137, 5398-1547S (2007).
- 50. Haider, S., Khaliq, S., Ahmed, S. P. & Haleem, D. J. Long-term tryptophan administration enhances cognitive performance and increases 5HT metabolism in the hippocampus of female rats. *Amino Acids* **31**, 421–425 (2006).
- Batool, Z. et al. Attenuation of cadmium-induced decline in spatial, habituation and recognition memory by long-term administration of almond and walnut supplementation: Role of cholinergic function. Pak. J. Pharm. Sci. 30, 273–279 (2017).
- Das, K., Das, P., Dasgupta, S. & Dey, C. Serotonergic-cholinergic neurotransmitters' functionin brain during cadmium exposure in proteinrestricted rat. *Biol. Trace Elem. Res.* 36, 119–127 (1993).
- 53. Wang, B. & Du, Y. Cadmium and its neurotoxic effects. Oxid. Med. Cell Longev. 2013, 898034 (2013).
- 54. Wang, H., Zhang, L., Abel, G. M., Storm, D. R. & Xia, Z. Cadmium exposure impairs cognition and olfactory memory in male C57BL/6 mice. *Toxicol. Sci.* 161, 87–102 (2018).
- 55. Wright, R. O. & Baccarelli, A. Metals and neurotoxicology. J Nutr 137, 2809–2813 (2007).
- 56. Esterbauer, H., Zollner, H. & Schaur, R. In Lipidoxidation (Vigo, C., Pel Frey, B. A., eds) 239-283 (CRC Press, 1990).
- Rajanna, B., Hobson, M., Boykin, M. & Chetty, C. Effects of chronic treatment with cadmium on ATPases, uptake of catecholamines and lipid peroxidation in rat brain synaptosomes. *Ecotoxicol. Environ. Saf.* 20, 36–41 (1990).
- Zhai, Q., Narbad, A. & Chen, W. Dietary strategies for the treatment of cadmium and lead toxicity. *Nutrients* 7, 552–571 (2015).
 Yan, H. F. *et al.* Ferroptosis: Mechanisms and links with dieases. *Signal Transduct. Target. Ther.* 6, 49 (2021).
- 60. Ajayi, A. M., Ben-Azu, B., Godson, J. C. & Umukoro, S. Effect of spondias mombin fruit extract on scopolamine-induced memory
- impairment and oxidative stress in mice brain. J. Herbs. Spices Med. Plants 27, 24–36 (2020).
 61. Mishra A, et al. (2021) Neuroinflammation in Neurological Disorders: Pharmacotherapeutic Targets from Bench to Bedside. Springer, Berlin
- Rothaug, M., Becker-Pauly, C. & Rose-John, S. The role of interleukin-6 signaling in nervous tissue. *Biochim. Biophys. Acta* 1863, 1218–1227 (2016).
- Picón-Pagès, P., Garcia-Buendia, J. & Muñoz, F. J. Functions and dysfunctions of nitric oxide in brain. *Biochim. Biophys. Acta* 1865, 1949–1967 (2019).
- Chen, S., Chen, H., Du, Q. & Shen, J. Targeting myeloperoxidase (MPO) mediated oxidative stress and inflammation for reducing brain ischemia injury: Potential application of natural compounds. *Front. Physiol.* 11, 433 (2020).
- 65. Bogdanski, D. F., Tissuri, A. & Brodie, B. B. Role of sodium, potassium, ouabain and reserpine in uptake, storage and metabolism of biogenic amines in synaptosomes. *Life Sci.* 7, 419–428 (1968).
- Mata, M. et al. Activity-dependent energy metabolism in rat posterior pituitary, primarily reflects sodium pump activity. J. Neurochem. 34, 214–215 (1980).
- 67. Sanui, H. & Rubin, H. The role of magnesium in cell proliferation and transformation. In *Ions, Cell Proliferation and Cancer* (eds Boynton, A. L. *et al.*) 517–537 (Academic Press, 1982).
- 68. Repetto, M. Toxicologia Fundamental (Díaz de Santos Editions, 1997).
- Rajanna, B., Hobson, M., Boykin, M. & Chetty, C. S. Effects of chronic treatment with cadmium on ATPases, uptake of catecholamines and lipid peroxidation in rat brain synaptosomes. *Ecotoxicol. Environ. Saf.* 20, 36–41 (1990).
- Carfagna, M. A., Ponsler, G. D. & Muhoberac, B. B. Inhibition of ATPase activity in rat synaptic plasma membranes by simultaneous exposure to metals. *Chem. Biol. Interact.* 100, 53–65 (1996).
- Al-Quraishy, S., Dkhil, M. A., Ibrahim, S. R. & Abdel Moneim, A. E. Neuroprotective potential of Indigofera oblongifolia leaf methanolic extract against lead acetate-induced neurotoxicity. *Neural Regen. Res.* 11, 1797–1803. https://doi.org/10.4103/1673-5374.194749 (2016).
- El-Tarras, A. E. S., Attia, H. F., Soliman, M. M., El Awady, M. A. & Amin, A. A. Neuroprotective effect of grape seed extract against cadmium toxicity in male albino rats. *Int. J. Immunopathol. Pharmacol.* 29, 398–407. https://doi.org/10.1177/0394632016651447 (2016).

- Afifi, O. K. & Embaby, A. S. Histological study on the protective role of ascorbic acid on cadmium induced cerebral cortical neurotoxicity in adult male albino rats. J. Microsc. Ultrastruct. 4, 36–45. https://doi.org/10.1016/j.jmau.2015.10.001 (2016).
- 74. Wang, B. & Du, Y. Cadmium and its neurotoxic effects. Oxid. Med. Cell. Longev. 2013, 12. https://doi.org/10.1155/2013/898034 (2013).
- 75. Shagirtha, K., Muthumani, M. & Milton Prabu, S. Melatonin abrogates cadmium induced oxidative stress related neurotoxicity in rats. *Euro Rev. Med. Pharmacol. Sci.* 15, 1039–1050 (2011).
- Ola-Davies, O. E. & Olukole, S. G. Gallic acid protects against bisphenol A-induced alterations in the cardiorenal system of Wistar rats through the antioxidant defense mechanism. *Biomed. Pharmacother.* 107, 1786–1794 (2018).
- Ojo, O. A., Ajiboye, B. O., Oyinloye, B. E., Ojo, A. B. & Olarewaju, O. I. Protective effect of *Irvingia gabonensis* stem bark extract on cadmium-induced nephrotoxicity in rats. *Interdiscip. Toxicol.* 7(4), 208–214 (2014).
- Ellman, G. L., Courtney, K. D., Andres, V. & Featherstone, R. M. A new and rapid colorimetric determination of acetylcholinesterase activity. *Biochem. Pharmacol.* 7(2), 88–95 (1961).
- 79. Buege, J. A. & Aust, S. D. Biomembranes-Part C: Biological oxidations. Methods Enzymol. 52, 302-310 (1978).
- Bonting, S. L. Presence of enzyme system in mammalian tissues. In Membrane and Ion Transport (ed. Bilter, E. E.) 257–263 (Wiley Inter Science, 1970).
- Misra, H. P. & Fridovich, I. The role of superoxide anion in the autooxidation of epinephrine and a simple assay for superoxide dismutase. J. Biol. Chem. 247, 3170–3175 (1972).
- Aebi, H. Catalase estimation. In *Methods of Enzymatic Analysis* (ed. Bilter, E. E.) 673–684 (Verlag Chemie/Academic Press Inc, 1974).
- 83. Ellman, G. L. Tissue sulfhydryl groups. Arch. Biochem. Biophys. 82, 302-310 (1959).
- 84. Granell, S. *et al.* Heparin mobilizes xanthine oxidase and induces lung inflammation in acute pancreatitis. *Crit. Care Med.* **31**, 525–530 (2003).
- 85. Green, L. C. et al. Analysis of nitrate, nitrite, and [15N]nitrate in biological fluids. Anal. Biochem. 126, 131-138 (1982).
- 86. Drury, R. A., Wallington, E. A. & Cancerson, R. Carlton's Histopathological Techniques 4th edn. (Oxford University Press, 1976).

Author contributions

O.A.O., D.E.R., and A.B.O. conceptualized and designed the research study, D.E.R. and O.A.O. performed the study. O.A.O., D.E.R., A.B.O., A.D.O., and B.O.A. generated and curated the data. D.E.R., A.D.O., A.B.O., and O.A.O. wrote the first draft of the manuscript; O.A.O., A.B.O., A.D.O., and B.O.A. revised the manuscript for intellectual content. All authors approved the final version of the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Correspondence and requests for materials should be addressed to O.A.O.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2023