



BOWEN UNIVERSITY
Iwo, Osun State
(of the Nigerian Baptist Convention)
COLLEGE OF HEALTH SCIENCES
FACULTY OF BASIC MEDICAL AND HEALTH SCIENCES
PUBLIC HEALTH PROGRAMME

BSc PART TWO RAIN SEMESTER EXAMINATIONS 2023/2024 SESSION

**COURSE: PUH 208- PSYCHOLOGICAL FOUNDATIONS OF HEALTH
BEHAVIOUR**

DATE: SATURDAY, 13TH JUNE, 2024

TIME: 3:30 PM- 5:00 PM (1 HOUR 30 MINS).

Please answer all questions

1. Identify the 5 dimensions of Health (10 marks)
2. Determinants of Health are in what 5 categories? (10 Marks)
3. Mention 10 health promoting/supporting behaviour and 10 health impairing behaviour (20 marks)
4. List 5 models of health behaviour change (10 marks)
5. Explain any 2 of the models above as you understand it (20 marks)